

Decubitus Ulcers

Curriculum Overview

Designed for:

- High school students
- Post-secondary students in health occupations courses
- Certified Nursing Assistant (CNA) training courses

Length:

The activities in this curriculum will last approximately one hour. With supplemental materials, this curriculum can be adapted to a longer block of time.

Goal:

To help participants learn about the contributing factors, location and assessment of decubitus ulcers.

Synopsis:

This curriculum helps participants learn about the contributing factors, location and assessment of decubitus ulcers, also known as pressure ulcers or bedsores. The lesson begins with activities that students may complete before the content is presented. Educators have a choice to review anatomy and/or an empathy activity to teach important nursing soft skills. The lesson uses a slide presentation and integrates the models to review the how and where decubitus ulcers form. The importance of staging is also discussed. A brief quiz is included for assessment.

Curriculum Components:

- Teacher's guide - Complete lesson, including detailed steps of activities, time and materials needed, student handouts and instructor information to teach the lesson
- Student materials
- Assessment tools
- PowerPoint presentation slides

Learning Objectives:

- Define key terms associated with decubitus ulcers
- Locate bony prominences subject to decubitus ulcers
- Demonstrate how to stage decubitus ulcers
- Perform the steps in accurately assessing a decubitus ulcer
- Explain how to document decubitus ulcers